

# JANUARY

Date	Time	Description	Location
1/7/10	8:00 am - 4:00 pm	<b>Bedding Plant Conference</b> —Learn about innovations in greenhouse production, pest management, new varieties and other trends. NYSDEC pesticide credits applied for. For more information contact Chuck Schmitt at 518-765-3500; email <a href="mailto:cds34@cornell.edu">cds34@cornell.edu</a> or Chris Logue at 518-372-1622 X252; <a href="mailto:cal20@cornell.edu">cal20@cornell.edu</a> .	The Century House, Latham
1/9/10	10:00 am - Noon	<b>4-H Cloverbud Day</b> —Lots of hands-on activities for our younger 4-H members to chase away Old Man Winter! Call 765-3500 to register. 4-H works with youth ages 5-19—for more information or to sign up, please call the 4-H Office at 765-3500 ext. 544.	CCE Albany County 24 Martin Road Voorheesville
1/12/10	9:00 am - 4:30 pm	<b>Parenting after Separation or Divorce—Helping Children Adjust</b> — a workshop for parents who are undergoing the stress of a breakup, custody or visitation issues. This program helps to reduce the conflict with their child's other parent, and is certified by the Supreme Court and New York State Parenting Education and Awareness Program. A certificate is awarded upon completion. Call 765-3552 or go to <a href="http://www.ccealbany.com">www.ccealbany.com</a> for a flyer and confidential enrollment form and for all 2010 dates.	Class location confidential until registered. Located in downtown Albany and Downtown Troy
1/12/10	6:45 pm - 8:00 pm	<b>Radon Workshop</b> —No charge for workshop, pre-registration required—The purpose of this workshop is to encourage residents to test for radon. Topics to be covered include an overview of radon, how it enters your home, health risks, testing, and mitigation. Free radon test kits and educational materials will be available. To sign up and for more information email <a href="mailto:LKC29@cornell.edu">LKC29@cornell.edu</a> or <a href="mailto:NKL1@cornell.edu">NKL1@cornell.edu</a> or call 765-3521 or 765-3512.	Voorheesville Library
1/13/10	7:00 pm	<b>4-H Hippology Program</b> —"Drill Team" - Youth will learn about what it takes to be part of a 4-H Equine Drill Team.	
1/16/10	10:00 am - Noon	<i>SNOW DATE for 4-H Cloverbud Day</i>	CCE Albany County 24 Martin Road Voorheesville
1/16/10	9:00 am - 12:00 pm	<b>Sewing for Beginners</b> —The first of our Back to Basics Craft Days. If you would like to be able to sew but can't thread the machine or sew a seam, this class is for you. As a beginner project we will be making unisex flannel sleep pants. Participants are also welcome to bring in another project and have sewing questions answered. Kids 10 and up are welcome with an adult. There is no fee, but materials will not be provided. Please call Janet ahead of time at 765-3500 to find out what to bring.	CCE Albany County 24 Martin Road Voorheesville
1/20/10	9:30 am - 3:30 pm	<b>Winter Dairy Management Meeting</b>	4-H Center, Ballston Spa
1/21/10	10:00 am - 3:00 pm	<b>Farmers Income Tax School</b>	CCE Saratoga County Ballston Spa
1/23/10	10:00 am - 12:00 pm	<b>Fun Family Cooking</b> — Learn easy and family friendly recipes, and work together to create fun foods for breakfast, lunch, dinner and snacks. Kids age 10 and up are invited with an adult. Class fee is \$5, and pre-registration is required. To register, call Sandra at 765-3547 by January 21.	CCE Albany County 24 Martin Road Voorheesville
1/23/10	10:00 am - 12:00 pm	<b>The "Save Energy, Save Dollars"</b> workshop provides low-cost and no-cost ways to save energy and reduce energy bills. It links consumers with programs that provide energy-efficiency improvements with subsidies, low-interest loans, or free services to qualifying households. Workshop participants receive a free energy kit with outlet/light switch gaskets, outlet caps, rope caulk, tube of caulk, shrink fit window insulation kit and a refrigerator thermometer. Pre-registration is required at 765-3559.	Albany Public Library North Albany Branch 616 N. Pearl Street, Albany
1/25/10	6:00 pm - 8:00 pm	<b>Ten Things Every Child Needs</b> —Learn how our earliest interactions influence a child's brain development and receive an invaluable guide to help parents and caregivers give a child his or her best start in life. To register: call Bethlehem Library information desk @ 439-9314.	Bethlehem Library, Delmar
1/25 - 1/27/10	9:00 am - 4:00 pm	<b>Empire State Fruit and Vegetable Expo and NYS Farmers Direct Marketing Conference</b>	ON Center Syracuse
1/28/10	6:00 pm - 8:00 pm	"Save Energy, Save Dollars" (see description above)	Troy Public Library-Main Branch, Troy
1/29 & 1/30/10	10:00 am - 4:00 pm	<b>Winter Green-Up Grass Fed Beef Conference</b> (see announcement)	Century House, Latham



Cornell University  
Cooperative Extension  
Albany County

# FEBRUARY

Date	Time	Description	Location
2/2 - 2/4/10 & 2/9 - 2/11/10	9:00 am - 3:00 pm	<b>30-Hour Pesticide Class for Category 3a (Turf and Ornamentals) 7a (Structural &amp; Rodent)</b> —Six days of pesticide training offered in preparation for taking the NYSDEC Certified Pesticide Applicator Exams. For more information contact Chuck Schmitt at 518-765-3500; email <a href="mailto:cds34@cornell.edu">cds34@cornell.edu</a> or David Chinery at 518-272-4210; <a href="mailto:dhc3@cornell.edu">dhc3@cornell.edu</a>	CCE Rensselaer County 61 State Street Troy
2/3/10	7:00 pm	<b>4-H Hippology Program</b> —"Equine Chiropractic Adjustment" - Dr. Ryan Penno, Equine Clinic at Oakencroft, will discuss the role of chiropractic techniques and equine health. This program is open to all youth and adults—for more information or to register, please call 765-3500.	CCE Albany County 24 Martin Road Voorheesville
2/3 - 2/4/10	10:00 am - 4:00 pm	<b>Pennsylvania Dairy Summit</b>	Lancaster Host Resort, Lancaster, PA
2/4 & 2/11/10	5:30 pm - 9:00 pm	<b>Parenting after Separation or Divorce—Helping Children Adjust</b> — a workshop for parents who are undergoing the stress of a breakup, custody or visitation issues. This program helps to reduce the conflict with their child's other parent, and is certified by the Supreme Court and New York State Parenting Education and Awareness Program. A certificate is awarded upon completion. Call 765-3552 or go to <a href="http://www.ccealbany.com">www.ccealbany.com</a> for a flyer and confidential enrollment form and for all 2010 dates.	Class location confidential until registered. Located in downtown Albany and Downtown Troy
2/6/10	1:00 pm	<b>4-H Regional Dog Day</b> —Several topics are being planned related to canine health. For more information, please call 765-3500.	Location to be announced
2/11/10	6:30 pm - 8:30 pm	The " <b>Save Energy, Save Dollars</b> "—workshop provides low-cost and no-cost ways to save energy and reduce energy bills. It links consumers with programs that provide energy-efficiency improvements with subsidies, low-interest loans, or free services to qualifying households. Workshop participants receive a free energy kit with outlet/light switch gaskets, outlet caps, rope caulk, tube of caulk, shrink fit window insulation kit and a refrigerator thermometer. Pre-registration is required at 765-3559.	CCE Albany County 24 Martin Road Voorheesville
2/15/10	10:00 am - 2:00 pm	<b>4-H Leader Training</b> —4-H leaders will be trained in a variety of topics, including gardening, heritage and horizons. To register or for more information about how to become a 4-H leader, please call the 4-H Office at 765-3500 ext. 544.	CCE Albany County 24 Martin Road Voorheesville
2/18/10		<b>Save Energy, Save Dollars</b> (see description above)	
2/27/10	9:00 am - 12:00 pm	<b>Paper Crafts</b> — The second in our Back to Basics Craft Days. Create a 2010 desktop calendar, a special book for your pictures and a lovely card. Or bring your own project and get help or ideas. Kids age 10 and up are invited with an adult. Materials will be provided. Class fee is \$5, and pre-registration is required. To pre-register, call Janet at 765-3500 by February 25.	CCE Albany County 24 Martin Road Voorheesville



**HEAP (Home Energy Assistance Program):** assists Albany County residents in applying for the Home Energy Assistance Program and to refer clients to additional community resources. Please join us at one of the many outreach dates provided below. For more information about applying for HEAP, please call Tom Dolan at 756-8650.

Date	Location	City/Town	Time
1/7/2010	Cornell Cooperative Extension	Voorheesville	3:00-6:00 pm
1/8/2010	Colonie Senior Resource Center	Colonie	1:30-3:30 pm
1/13/2010	Families Together	East Berne	9:00 am-2:00 pm
1/14/2010	Rensselaerville Town Hall	Rensselaerville	12:30-3:30 pm
1/20/2010	Bethlehem Town Hall	Bethlehem	4:30-6:30 pm
2/1/2010	Hilltown Resource Center	Westerlo	12:30-3:30 pm
2/4/2010	Cornell Cooperative Extension	Voorheesville	3:00-6:00 pm
2/17/2010	Bethlehem Town Hall	Bethlehem	4:30-6:30 pm
2/17/2010	Wic Lutheran Church	Berne	9:30 am-12:30 pm