

# 4-H News

January/February 2012

**Hello 4-H'er!!**

**Happy New Year!!!!!!!!!!** We hope your holidays were awesome and that you're looking forward to another terrific year!!! We also hope 2012 will bring you lots of hope, happiness, and good old-fashioned fun!!!! And don't forget to make that New Year's resolution to be healthier, wealthier, or whatever else you can think of to make your dreams come true! You can do it!!

We have lots of things coming up in the next couple of months that you might be interested in – make sure you read about all the Horse Happenings taking place in January and February, and mark your calendar for "On Target" Day on January 28th. Public Presentations will also be upon us before you know it, so we hope you're thinking about what you'd like to do!!! We always look forward to this time of year!!!

We're going to make a resolution to try to keep in touch with you more often through our email list. If you know of someone who hasn't been getting their emails from us, please let us know and we'll get them right on the list! You can email me at [bes13@cornell.edu](mailto:bes13@cornell.edu) or Eileen at [emd32@cornell.edu](mailto:emd32@cornell.edu).

Thank you and enjoy the winter weather!!!

~Barb

## Thank You, Dave!!

The 4-H office had a visit from a friend over the holidays, and that friend brought four brand new incubators with him!!!!

We'd like to thank Dave Hillmann for donating these newbies for our Incubation and Embryology program.

It's so nice to have some new equipment!!!!

This will definitely help us keep the program going!!!!

Thanks, Dave!!!!!!!!!!!!

## 4-H News Calendar January/February

**January 2**

Holiday; office closed

**January 10**

4-H Teen Action Group; 6:30 pm

**January 17**

Horse Bowl contest; 7:00 pm

**January 27**

Hippology Program: Equine First Aid;  
Equine Clinic at Oaken Croft; 7:00 pm

**January 28**

On Target Day; 10 am - 1 pm

**February 8**

Hippology Program: Feeds & Tack;  
7:00 pm

**February 21-24**

Forensics program

**February 22**

Regional Dog Day; Albany Obedience  
Club, Glenmont, noon - 3:00 pm

**February 25**

Model Horse Show; 9:00 am

# 4-H Scholarship Opportunities

## Albany County 4-H Leaders Association Scholarship

Albany County 4-H members who are high school seniors are eligible to apply for the 4-H Leaders Association scholarship. Proceeds from the annual cookie sale fund the scholarships. Scholarships are awarded based on the applicants' years of membership, variety of 4-H activities, as well as participation in community events. There will be three \$500.00 scholarships awarded. Applicants should contact the 4-H office at 765-3500 for a scholarship application. The completed applications should be returned to the 4-H office no later than **Wednesday, February 8, 2012**. After the applications are received by the 4-H office, the applicants will be notified when their interview with the 4-H Scholarship committee is scheduled.

## NYS 4-H Foundation Opportunity Scholarship Program

The NYS 4-H Foundation and generous sponsors are pleased to provide scholarships to members for their accomplishments as a result of their 4-H experiences, and to support future educational goals. The eligibility requirements for the scholarship program are: applicant must be eligible for 4-H enrollment; youth who have reached their 19<sup>th</sup> birthday before January 1, 2012 are not eligible for scholarships; applicant must have been a 4-H member in NYS, or participated in a Cornell Cooperative Extension 4-H Youth Development Program for at least one year; applicant must be enrolled or planning to enroll in an accredited university, college or technical school; applicant must have a current grade point average of at least 2.0 on a 4.0 scale unless otherwise stated for specific scholarships. Scholarship applications are due to the NYS 4-H Foundation office on or before **February 15, 2012**. To download a scholarship application, or for more information, go to [www.nys4hfoundation.org](http://www.nys4hfoundation.org).

## Horse Happenings

Thanks to the Albany County 4-H Horse Advisory committee, we have some programs coming up in January and February that you should know about so get your calendar ready!!!!

### **Tuesday, January 17<sup>th</sup> – 7:00 pm – 4-H Horse Bowl!!**

4-H members will beat the buzzer to answer horse-related questions and test their knowledge!  
The contest will be held at the 4-H Office in Voorheesville.

### **Friday, January 27<sup>th</sup> – 7:00 pm – Equine First Aid**

Participants will learn first aid basics and signs to look for when their horse is ill.  
This workshop will be held at the Equine Clinic at Oaken Croft.

### **Wednesday, February 8<sup>th</sup> – 7:00 pm – Tack and Feeds**

Youth will learn about tack and other equipment, and will make horse treats and learn how to properly feed their equine friends. This workshop will be held at the 4-H Office in Voorheesville.

### **Saturday, February 25<sup>th</sup> – 9:00 am – 4-H Model Horse Show**

Youth of all ages can come to this event! This is always lots of fun and is a way for kids to show off their model horses and learn something too!! This event will be held at the 4-H Office in Voorheesville.

Please call the office at 765-3500 for a class list.



Albany County  
**4-H Shooting Sports**  
*Learn By Doing*

**On Target Day**

**Saturday, January 28, 2012**

**10:00 AM - 1:00 PM**

**CCE Albany County**

*Youth 10 years and older are invited*

Registration Fee:

\$5.00 for 4-H members/\$10.00 for non-members

Join us for a fun-filled day!

- Equipment Maintenance and Safety
- Living History
- Taxidermy
- Hands-on Projects
- Test your skills at our 4-H Shooting Gallery!

*\*We will also be collecting items for the*

*Shoebboxes for Troops project. Call the 4-H office for details.*

To register, call the 4-H office at 518-765-3500 no later than Friday, January 20th.  
 Don't forget to call in case we need to cancel due to inclement weather.



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**Shoebboxes for the Troops**

On Saturday, January 28, the 4-H Shooting Sports program will be collecting items for our troops stationed around the world. Any of the following items would be welcome: prepaid phone cards, AA and AAA batteries, DVDs (comedies), CDs, sunscreen, granola bars, white socks, bug repellent, gun oil, small paint brushes, waterless wipes, beef jerky, peanut butter, or crackers. If you would like to donate, please bring items to the 4-H office **on or before January 28**. Also, empty shoeboxes would be helpful as well. If you have any questions, contact Eileen at 765-3500 or emd32@cornell.edu.

**Regional Dog Day –  
 Hold the Date!!!!**

The 2012 Regional Dog Day event will be held on **Wednesday, February 22<sup>nd</sup>**, from **12:00 – 3:00 pm** at the **Albany Obedience Club in Glenmont**. This will be a Tricks Workshop and will be lots of fun for both the kids and the dogs! Snacks and drinks will be provided. Please call the 4-H Office at 765-3500 to sign up!!

**Shooting Sports News**

The 4-H Shooting Sports program held their Wrap Up celebration in December. Along with lots of good food and fun, it also was an opportunity to recognize the accomplishments of the past 4-H year and to look ahead to 2012. We would like to thank all of our dedicated volunteers for all of their time and hard work: Hannah Bewsher, Jane Bewsher, Norah Bewsher, Chuck Dente, Tom DePaula, Rick Fitzpatrick, Erik Jacobson, Cathy Leininger, Peg Sauer, Kim Sylvester and Don Sylvester as well as our Junior Leaders: Karin Jacobson and Kim Leininger. Without all of these hard working and dedicated people, the program would not be possible. We are all looking forward to On Target Day and the better spring weather for the next archery session.

**4-H FORENSIC WEEK**

*Join us for a week of*



**Vacation Fun**



Learn about crime scene investigation and become prepared to solve the "Mystery of the Week"



**Tuesday, February 21 – Friday February 24**  
**9 am to 12 noon**  
**at Cornell Cooperative Extension**  
**24 Martin Road, Voorheesville**

**CRIME SCENE DO NOT CROSS**

**Open, to all youth ages 8-12 years**  
**Enrollment limited Cost—\$60 per youth**  
**For more information call: 765-3500**  
**Registration deadline—February 13**



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# 4-H/AOC Dog Camp

There were sheep, herding dogs, agility, obedience, fleece toys, puppies, puppies, puppies and so much more at the 4-H/AOC dog camp held at the Albany Obedience Club training facility in Glenmont from July 11-15, 2011.

Good weather; great training facilities; nineteen pairs of eager, well-behaved student handlers and dogs; and many talented, dedicated volunteers combined to create a week of fun and excitement.

Bring your dog and join us in 2012 for our 10<sup>th</sup> summer program – July 9-13 from 9 a.m. until noon at the Albany Obedience Club training facility on Wemple Road in Glenmont. Contact the 4-H office at 765-3500 to register or for additional information.



# CLUB SECRETARIES & NEWS REPORTERS

## **Secretaries:**

Osborne Corners – Caroline Hunt & Morgan Campbell

## **News Reporters:**

Osborne Corners – Eryn Payne

Happy Hearts & Busy Hands

### **Osborne Corners**

We elected new officers, they are: Caroline Hunt, President; Kyle Payne, Vice President; Eryn Payne, Treasurer and Morgan Campbell, Secretary. Everyone had fun at the Minute to Win It Halloween party. We made salsa and quesadillas, everyone really liked the salsa. We also made churros, this was for our International food project. For community service we collected toys and donated them to the Albany County Sherriff's Hilltown Christmas project.

### **Happy Hearts & Busy Hands**

November was a busy month for Happy Hearts & Busy Hands! First we elected our officers: President, Staci Metz; Vice President, Hannah McClearnen; Secretary, Victoria Rickard; Treasurer, Robby St. Angelo; Recreation Leader, Allen McClearnen; Safety Chairperson, Matthew St. Angelo. We also made ornaments in preparation for the holidays! One set of ornaments were hand painted and full of "Snow", and the second was a half dome snow globe. We hope the rest of the year is this productive!

Happy Holidays!!! Happy Hearts and Busy Hands is very prepared for the Holiday Season. We have made many ornaments this year. This month, we made a Santa Wall-hanging, complete with a button beard. Staci and Hannah attended achievement night, and our club was named as a Gold Honor Club. It was a great night! We cannot wait to start the New Year!

### **Country Tigers**





The Country Tigers continue to care for the sheep on the farm. Carl Greenman arranged with the Men's Garden Club for us to plant bulbs at the USS Slater dock so Carl and Rachel Lee had a great time doing that with some other 4-H friends from the Teen Action Group (Katrina Stevens and Hannah McClearnen). The four of us also planted bulbs at the 4-H office in the Men's Garden Club memorial garden. It will be nice to see them all bloom in the spring. The Men's Garden Club is always so generous providing bulbs and seeds to 4-Hers. Carl and Rachel helped out at Super Science Night and Achievement/Make it and Take it Night and Olivia Kibrick joined us for shopping for a needy family. We love to volunteer for 4-H activities with the other teens in TAG – we always have such a great time and have made awesome friends. We would like to salute our leaders Clare Mertz and Chris Lehman for their 3 years of service to our club – we could not have continued our club without them. We would also like to congratulate Olivia on making the jv basketball team at Emma Willard! We will be moving our club indoors for the winter and working on some crafts and other projects in January. We hope everyone has a very happy, healthy, and prosperous new year!

### **TAG**




The 4-H Teen Action Group (TAG) has been busy. In addition to our monthly meetings, we have been helping out at a variety of 4-H activities such as Super Science Night and Achievement/Make It and Take It Night. We help to plan, set up, run the experiments and crafts, and assist younger 4-Hers in having a great time. We also help to clean up. We all remember when we were younger members and teens helped us to enjoy 4-H events. Now, it is great to take our turn helping out. We really have a great time together and have made lots of friends. We encourage all 4-H teens to come to the TAG meetings – there is something for everyone. We were really happy to shop for a needy family and make their holidays extra special. It really helps to remind us of how much we really have and that the spirit of giving to others is what this season is all about. Our December holiday meeting featured a covered dish supper and a fun grab-bag – a great way to end the year. We really look forward to a lot of fun things in 2012. If you are a 4-H teen, make it your new year's resolution to join TAG!



## Vegetable Marketing Program





The 4-H Programs of Albany, Schenectady, Schoharie and Rensselaer counties work together with Price Chopper to offer a program for young 4-H entrepreneurs. The Vegetable Marketing Program gives youth the chance to grow vegetables in their home garden and earn money selling vegetables to Price Chopper stores. Golub Corporation (Price Chopper) provides the seeds and plants, and the 4-H Program conducts training with assistance from Master Gardener volunteers. Here's how to take part:

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1. Sign up with the 4-H Office by February 3rd.
  2. Attend the orientation meeting at Golub headquarters in Rotterdam.
  3. Pick up seeds or plants from the 4-H Office.
  4. Plant seeds or plants in the garden.
  5. WEED, WEED, WEED the garden.
  6. Pick the vegetables and prepare according to instructions.
  7. Deliver vegetables to the store or warehouse.
  8. Keep records of your deliveries.

Receive payment from Price Chopper!!! You can earn up to \$500 per growing season.

Here are some examples of vegetables you can grow:

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- Swiss Chard
  - Pickling Cucumbers
  - Snap Peas
  - Miniature Pumpkins
  - Green Acorn Squash
  - Buttercup Squash
  - Butternut Squash
  - Delicata Squash
  - Zucchini
  - Red Cherry Tomatoes

So call the 4-H Office at 765-3500 to sign up – please call by **Friday, February 3rd.**



## Annual Awards

### Honor Secretaries:

Osborne Corners

### Honor News Reporters:

Country Tigers  
Happy Hearts & Busy Hands  
Osborne Corners  
Pony Pals

### Honor Clubs:

Happy Hearts & Busy Hands – gold  
Osborne Corners - silver

### County Medals:

Adam Forti - gold  
Carl Greenman - gold  
Kassandra Hetherly - gold

Rachel Lee - gold

Allen McClearnen - gold  
Hannah McClearnen - gold

### Cookie Sale (Clubs):

Caps n' Chaps  
Westmere Pathfinders

### Cookie Sale (Individuals):

Maggie Doolin  
Matt Gade  
Tim Gade  
Hannah McClearnen  
Staci Metz  
Julie Webb

## 4-H Public Presentations

Public Presentations will be held on Friday, March 2nd from 4:00 pm - 8:00 pm and Saturday, March 3rd from 9:30 am - 1:30 pm. We will have specific time slots as in the past for each session. Registration packets will be mailed to all club leaders in late January. Everyone should pre-register for the time slot they want and the slots will be filled as the registrations come in. Presenters will be expected to remain for the entire time period that they have registered for. We do not want people going in and out the door as this is very distracting to the presenters. We also will have a separate room for Cloverbuds and another small room for those presenters who are not comfortable talking in front of a large group. Practice college and job interviews will be offered only on Saturday if anyone signs up for them.

### Here is a review of the five different categories of presentations available to you...

1. **Demonstration\*** - The presenter *shows* and explains how to do something. (How to bake bread, juggle, do warm-up exercises, etc.) Models or illustrations are used as needed to explain information, show the result of a step in the demonstrated process, show a larger scale replica of something that is too small for the audience to see, etc. (\*Team demonstrations are allowed only if the presentation requires two people to be effective.)
2. **Illustrated Talk** - The presenter uses visual aids to *tell* about the topic. The effective use of charts, pictures, posters, graphs, examples, models, etc. plays a major role in communicating the presenter's message (Teams are not permitted to do illustrated talks).
3. **Formal Speech** - The presenter aims to *persuade, motivate or inform* the audience without the use of visuals. Poetry, quotations, humor or imagery may be incorporated to command attention or emphasize a point, but not purely for the purpose of entertainment (No team speeches are allowed).
4. **Recitation** - the presenter, with the use of vocal inflection and body language as communication tools, delivers his or her rendition of a piece of pre-written material. Props should not be used, but appropriate dress to subtly represent the character or mood for the written piece is acceptable. Dress should not overwhelm the presentation. Memorization is expected, but notes are permitted (No teams are allowed in recitation.)
5. **Dramatic Interpretation\*** - The presenter or team delivers a reenactment of a piece of scripted material. Content of presentation can be taken from plays, movies, sketches, and monologues-dramatic or comedic. This form of presentation, by definition, should include props and costumes. Props need to be simple and minimal; no detracting from the strength of the presenter(s) (\*Teams are allowed in Dramatic Interpretation).

## Types of horse presentations

For horse presenters, there are four categories:

- **Individual Presentation:** should be between 9 and 12 minutes; visual aids, i.e. charts and posters may be used.
- **Team Presentation\*:** should be between 10 and 15 minutes; same criteria as above and both presenters should have an equal role in the presentation.
- **Public Speaking:** should be between 7 and 10 minutes; no visual aids, charts or other equipment may be used.
- **Impromptu Speaking:** open to senior presenters (14 years and older) only; presenter will be given a random horse related topic and will have 15 minutes to prepare a speech; the speech should be between 5-8 minutes.

**\*please note: a team consists of only two presenters**

## ★ INTRODUCTION

**This is where you introduce yourself and the topic.**

- a. Greet your audience.
- b. Introduce yourself.
- c. Tell what you are going to present and why.
- d. Tell how you became interested in the topic.

## ☾ BODY

**This is the show and tell portion of the presentation.**

- a. List the steps to be shown in the order in which you will show them and decide how you are going to do each step.
- b. List the supplies that you need for your presentation. Plan an arrangement for their efficient use.
- c. Decide what you are going to say to your audience as you do each step.

## ⚙️ SUMMARY

**This is your last chance to put your points across.**

- a. Show the results of your presentation to the audience.
- b. Re-state or briefly repeat the main points.
- c. Give the names of resources you used in your presentation—for example, books and encyclopedias, internet, etc.
- d. Give the audience ample opportunity to ask questions.
- e. Thank the audience for attending the presentation.
- f. Give out samples or materials (optional).

### **Before the Presentation:**

1. Practice as much as possible to work out the rough spots.
2. Be able to say all the main points without reading from your notes.
3. Know what the judges will be looking for. Get a copy of an evaluation form from your leader.
4. Make a list of all the equipment you will need and check it before you begin.

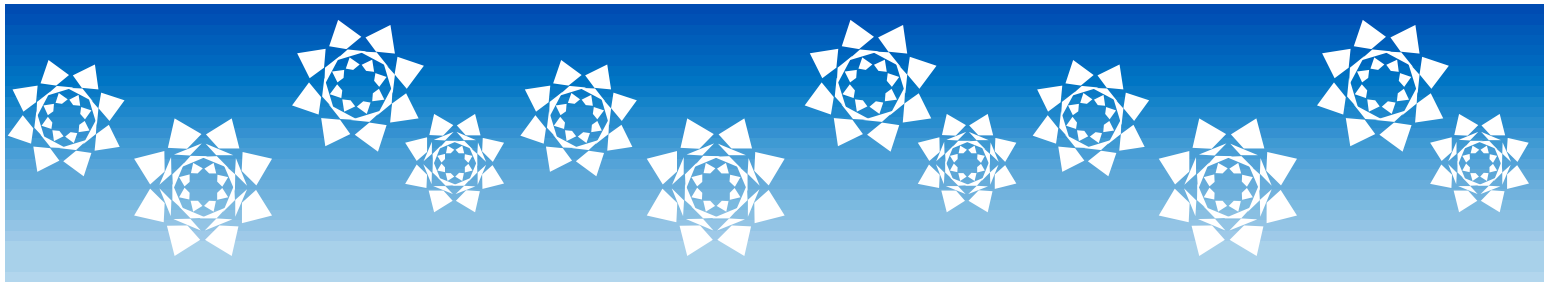
### **During the Presentation:**

1. Speak in a loud, clear voice.
2. **Smile!**
3. Use correct grammar.
4. Look at your audience while you speak.
5. Use natural hand and face expressions.
6. Stand up straight.
7. Wear casual, neat clothes.
8. Do not let your movements become distracting.
9. Do not read your presentation to the audience.

## 4-H Cares for the Community

On October 22, the 4-H Teen Action Group held a fundraiser for the victims of Tropical Storm Irene. The teens held a carnival and collected non-perishable food, personal hygiene items, cleaning supplies, as well as cash for people impacted by the storm and subsequent flooding. Volunteers from Project Linus were also here for a blanket making day as well. The 4-H Teen Action Group made monetary donations to the Hilltown Community Resource Center, the Schoharie Recovery, and the Town of Prattsville. The teens also delivered collected items and blankets to the Hilltowns, Schoharie County and Rotterdam Junction. We would like to thank Cathy Leininger for organizing the bake sale and both Double V Stables and the Men's Garden Club for their donations.



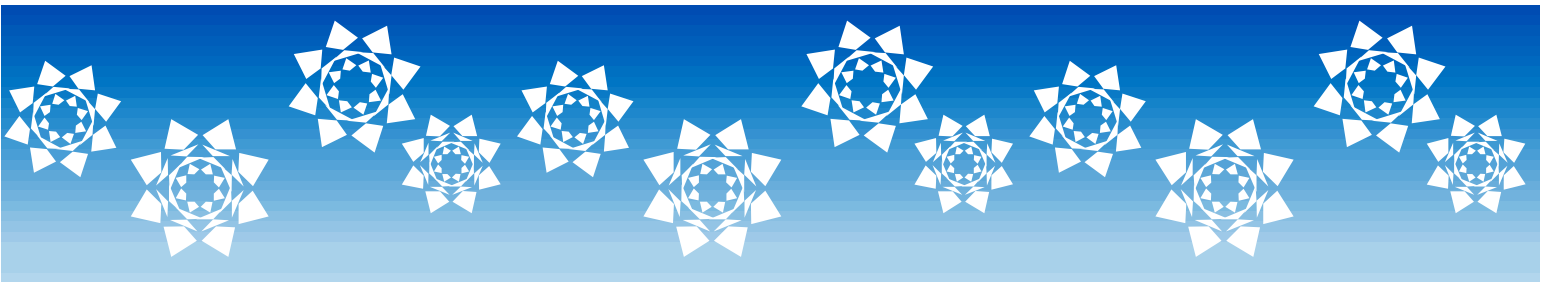


## Shining Stars

**Sharon Breisch** for organizing and leading the Project Linus event at the “4-H Cares for the Community” fundraiser.

**Connor Quinn, Sean Quinn, Hannah McClearnen, Kassi Hetherly, Rachel Lee, Carl Greenman and Katrina Stevens** for all of their help at Super Science Nite!

**Tom DePaula, Jane Bewsher, Hannah Bewsher, Norah Bewsher, Erik Jacobson and Karin Jacobson** for helping with the Air Rifle Session.



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